

FACIALS

FREE FACE SCAN:
Professional skin analysis

Dr Grandel

Deep Cleanse Facial	30min/ R339
Hydration Skin Facial (Ideal for men)	45min/ R499
Phyto-Glow Skin Facial	45min/ R599
Collagen Skin Facial	60min/ R799
Express peel	30min/ R349

Environ

Essential Youth Reset 60min	R599
Essential Comfort Calm 60min	R599
Essential Radiance Reveal 60min	R599
Essential Vitamin Touch (Non-DF) 45min	R499
Environ COOL PEEL® Treatments	
Youth Renewal Cool Peel 60min	R559
Blemish Control Cool Peel 60min	R469

LED PHOTOTHERAPY

This treatment with clinically proven wave lengths boosts collagen & elastin, reduces pigmentation, redness and heals blemishes/acne.

Super Boost LED

This treatment targets all skin concerns. Includes a cleanse, tone, LED light + ampoule, concluded with a moisturiser and SPF.
30min R449

Purifying Boost LED

Perfect for treating acne, breakouts and blemishes. Includes deep cleansing, tone, exfoliation, LED blue light + ampoule, moisturiser & SPF.
45min R559

Collagen Boost LED

Anti-aging, skin cell regeneration & pigmentation are the primary focus in this treatment. Starting with double cleanse, tone, chemical peel, LED light + ampoule, mask, lymphatic massage, moisturizer & SPF.
60min R799

TREATMENT PACKAGE

Pamper Package (2.5 Hours) R1270

Hot Stone Massage (60min), Hydrating Facial (60min), Express mani or pedi (30min) & use of pool, sauna & Jucuzzi.

LASER HAIR REMOVAL

PAINLESS

Shaving

Small area
Medium area
Large area

Face

Chin/ Upper Lip/ Uni/ Mono/ Top-brow
Sideburns/ Forehead/ Cheeks/ Neck (front or back)
Full Beard (incl. Neck)
Full Face

Bikini (Includes extended)

Sides & Tops/ Buttocks (incl. cheeks)
Brazilian
Hollywood

Arms

Hands (incl. fingers)
Lower Arms/ Upper Arms (incl. elbows)
Underarms
Full Arms

Legs

Feet (incl. toes)
Lower Legs/ Upper Legs (incl. knees)
Full Legs

Back & Front

Nipples/ Belly Button Path/ Mini Lower Back
Shoulders
Lower/ Upper Back/ Chest/ Tummy
Full Back

Female PER SESSION	Male PER SESSION
R79	R79
R199	R199
R299	R299
R299	R339
R339	R399
R799	R999
R999	R1399
R699	R799
R799	R1169
R1099	R1299
R299	R399
R899	R1199
R499	R599
R1499	R1799
R299	R399
R1799	R1999
R2599	R2799
R299	R399
R699	R949
R1199	R1399
R1799	R2699

HAIR TREATMENTS

Ladies

Ladies cut from	R340
Cut & Blow Short	R420
Cut & Blow Medium	R460
Cut & Blow Long	R480
Cut & Blow Very Long	R520
Blow Short	R250
Blow Medium	R270
Blow Long	R310
Blow Very Long	R330

TINTS

Hairline	R460
Roots	R590
Roots-End (Full) Short	R700
Roots-End (Full) Med	R770
Roots-End (Full) Long	R820

Deep Conditioning

Treatment	R250
Kerastase Rituals	R500

Gents

Cut	R200
Cut & Style	R240

Highlights

T-Panel	R600
Half Short	R680
Half Medium	R730
Half Long	R800
Full Short	R750
Full Medium	R800
Full Long	R1500
Ombre/ Balayage from	R1300

Bleach

Short	R600
Medium	R680
Long	R730

Toners

Short from	R300
Medium from	R350
Long from	R380

Kids Under 13

Girls cut	R140
Girls Cut & Blow	R170
Boys Cut	R120
Boys Cut & Style	R150

BODY CONTOURING

Exilis Elite/ Lavatron

A treatment that uses a combination of monopolar radiofrequency & ultrasound technology to reduce fat, tighten skin & assist with cm loss.
1x Area/ 20min/ R1099 . 3x Areas/ 60min/ R3289

X-Wave

X-Wave uses modified acoustic wave pulses. This non-invasive treatment targets & reduces cellulite, improves skin tone, elasticity & stretch marks.
1x Area/ 20min/ R999 . 3x Areas/ 60min/ R2959

Buttock Treatment

This treatment focuses on firming & toning the buttock area.
Exilis Elite/ Lavatron & X-Wave . 40min/ R1899
Exilis Elite/ Lavatron/ X-Wave & Sincosculpt . 40min session/ R2199

Sincosculpt

This treatment shapes and tones your muscles & reduces fat in one session. Areas include: abdomen, front & back of thighs, bum, biceps, triceps & calves. 30min session/ R1199

MICRONEEDLING

This medical-grade treatment can be used to treat hyperpigmentation, acne scars, fine lines, wrinkles and stretch marks.

HYDRAPEN BY DERMAMEDICAL

Hydrapen Mesotherapy 60min/R999

A deep exfoliation that combines microdermabrasion, enzymatic exfoliation and a cocktail of active ingredients.

Hydrapen Face 60min/R1499

This medical-grade microneedling treatment includes an encapsulated serum, which infuses active ingredients into your skin.

Hydrastamp (area specific) 45min/R699

A unique option to assist scarred, aging, or dull-looking skin.

Hydraglow Skin Treatment 75min/ R1699

This treatment is an advanced combination therapy of microdermabrasion, needling, serum infusion and LED therapy which firms & smooths for a healthier looking skin.

TINTING & SHAPING

Brows (tint)	R129
Eyelash (tint)	R129
Brows (tint & shaping)	R199

TREATMENT UPGRADES

LED Phototherapy Upgrade	15min/ R299
Oxygen Boost Upgrade	15min/ R299
Facial Cupping Upgrade	15min/ R259

MANICURE & PEDICURE

Manicure

Deluxe Express Manicure	30min/R229
Deluxe Signature Manicure	60min/R339

Pedicure

Medi Heel	15min/R129
Deluxe Express Pedicure	30min/R249
Deluxe Signature Pedicure	60min/R359

Luxurious Pedicure Pamper Package (1 Hour) R650

Human touch massage chairs with magnetic jet foot spa.
Foot soak, Exfoliate, Cuticle Work, Hot stone Massage, Gelish and Complimentary glass of bubbly.

UNISEX WAXING

Face

Chin/ Brows/ Upper Lip/ Cheeks	R99
Lip and Brow Combo	R199
Full Face	R299

Front/ Back

Chest	R299
Half Back	R239
Full Back	R329
Tummy	R199

Bikini

Bikini	R199
Brazilian	R239
Hollywood	R359
Buttocks (Cheeks)	R199

Arms

Underarms	R199
Half Arm (incl elbow)	R199
Full Arm	R239

Legs

Half Legs (incl knee)	R259
Three Quarter Legs	R299
Full Legs	R399

THREADING

Upper Lip/ Chin/ Brows/ Cheeks/ Side Burns	R129
Full Face	R399

Combos

Brow & Chin or Lip	R199
Lip, Brow & Chin	R299

BACK TREATMENTS

Antioxidant Back Treatment

30min	R499
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Purifying Back Treatment

60min	R699
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SUNLESS TANNING

Caribbean Tan (30min)	R399
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MASSAGE

Relaxing Head Massage

Relieve your scalp from tension by trying our “Tingling, Tension Relieving Scalp Massage” that will leave you feeling uplifted.

20 min/ R320

Swedish Massage

Traditional strokes and deep tissue techniques are combined to improve blood circulation and reduce stress.

30 min/ R425 . 60 min/ R740 . 90 min/ R1050

15 min add on R190

Deep Tissue Massage

Targets deeper tissue structures using the same techniques as Swedish Massage, but the pressure is generally more intense.

30 min/R475 . 60 min/ R795 . 90 min/ R1145

15 min add on R190

Hot Stone Massage

Combines traditional massage & gliding of heated stones across the body for deep relief of muscle tension & stress.

30 min/ R575 . 60 min/ R899 . 90 min/ R1195

15 min add on R190

* *Couples Swedish Massage

Includes complementary glass of bubbly

30 min/ R850 . 60 min/ R1480 . 90 min/ R2100

* *Couples Deep Tissue Massage

Includes complementary glass of bubbly

30 min/ R950 . 60 min/ R1590 . 90 min/ R2290

* *Couples Hot Stone Massage

Includes complementary glass of bubbly

30 min/ R1150 . 60 min/ R1799 . 90 min/ R2390

SIGNATURE TREATMENTS

Welnamis 30min/R595

The state of the art Welnamis combines the gentle sound waves of specially designed music with a highly efficient vibration massage system. While the special sounds slow down the mental activity, the vibration massage acts specifically on the energy centres of the body. This innovative sound massage system combines the effects of deep relaxation techniques as well as meditation and mindfulness.

Gold Quartz Signature Treatment 60min/R995

The 60 minute GOLD QUARTZ signature treatment is a transformative journey that brings you to balance through vibrations of singing bowls and restores a harmonious flow of energy and vitality. Being cocooned in warm, alpha quartz sand you will experience an invigorating herbal poultices massage to ease muscle pain, stimulate lymphatic drainage and detoxify the body. The bed has a built-in undulating massage component, to gently knead the back and neck for a unique 360° massage experience.